



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CELEBRATING A LEGACY OF SERVICE



Volunteer Opportunities MALDEN YMCA

Across the United States, more than 500,000 business leaders, community advocates, parents, teens and individuals who want to give back and support their neighbors volunteer at the Y. That's because in 10,000 neighborhoods nationwide, we have the presence and partnerships to not just promise, but deliver positive personal and social change.

With a focus on youth development, healthy living and social responsibility, Malden YMCA volunteers give people of all ages and from all walks of life the resources and support they need to be healthy, confident, connected and secure.

VOLUNTEERS OF THE Y

- Motivate and support youth in building the character strengths, skills and relationships that lead to positive behaviors, better health, smart life choices and the pursuit of higher education and goals
- Provide leadership for our boards of directors and committees
- Raise funds to ensure the Y is accessible to all members of the community
- Help teach many of our youth classes or provide HW support
- Extend a hand to help adults who want to do more, be more or live healthier
- Participate in opportunities to give back and support neighbors

Contact: Sam McAndrew, Volunteer Coordinator, at
781-324-7680 or at smcandrew@ymcamalden.org x 217

- Help serve food at our free youth service food program
- Provide support to our Adult English Language classes
- Help out in our Early Learning Readiness program or our playgroup
- Assist in our youth robotics classes, Youth and Government program, Leaders Corps, or at our 4 youth and teen community centers in Everett, Malden or Medford.
- Volunteer at an event like Healthy Kids Day
- Share a talent like storytelling or music at Sunday Family Fun Day or in our youth programs
- Propose your own idea!