



Therapy Pool Schedule January 2nd– February 17th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30–8:30 Adult Open Swim	7:30–8:30 Adult Open Swim	7:30–8:30 Adult Open Swim	7:30–8:30 Adult Open Swim	7:30–8:30 Adult Open Swim	7:00–8:00 Adult Open Swim	7:00–9:15 Adult Open Swim
8:30–9:15 Aqua Fitness	8:30–9:15 Aqua Fitness	8:30–9:15 Aqua Fitness	8:30–9:15 Aqua Fitness	8:30–9:15 Aqua Fitness	8:00–12:45 Swim Lessons	9:15–12:45 Swim Lessons
9:15–11:00 Swim Lessons	9:15–11:00 Swim Lessons	9:15–11:00 Swim Lessons	9:15–11:00 Swim Lessons	9:15–11:00 Swim Lessons	12:50–2:00 Adult Open Swim	12:45–1:45 Adult Open Swim
11:15–1:00 Open Swim	11:15–1:00 Open Swim	11:15–1:00 Open Swim	11:15–1:00 Open Swim	11:15–1:00 Open Swim	2:00–4:00 Pool Parties (Private Rental)	1:45–3:30 Family Swim
1:00–2:30 Adult Open Swim Physical Therapy	1:00–2:25 Adult Open Swim Physical Therapy	1:00–2:30 Adult Open Swim Physical Therapy	1:00–2:25 Adult Open Swim Physical Therapy	1:00–2:25 Adult Open Swim Physical Therapy	4:15–6:00 Open Swim	3:30–4:30 Communitas (Private Rental)
2:45–3:25 Open Swim	2:45–4:00 Open Swim	2:45–3:25 Open Swim	2:45–4:00 Open Swim	2:45–3:25 Open Swim	6:00–7:30 Adult Open Swim CLOSED	4:30–5:00 Adult Open Swim CLOSED
3:30–6:00 Swim Lessons	4:15–6:55 Swim Lessons	3:30–5:15 Swim Lessons	4:00–5:30 Communitas (Private Rental)	3:30–5:15 Swim Lessons		
6:05–6:55 Open Swim	7:00–7:45 Aqua Fitness	5:30–6:00 Adult Open Swim	5:30–6:55 Swim Lessons	5:15–6:00 Adult Open Swim		
7:00–7:45 Aqua Fitness	7:45–9:00 Adult Open Swim CLOSED	6:00–6:55 Open Swim	7:00–7:45 Aqua Fitness	6:00–7:30 Open Swim		
7:45–9:00 Adult Open Swim		7:00–7:45 Aqua Fitness	7:45–9:00 Adult Open Swim CLOSED	7:30–9:00 Adult Open Swim CLOSED		
CLOSED		7:45–9:00 Adult Open Swim CLOSED				

Whirlpool Hours

Monday thru Friday– 5:30am–9:30pm*
 Saturday– 7am–7:30pm
 Sunday– 7am–5pm

Closed Wednesday for cleaning from 10am–2pm
 The Whirlpool is an Adult Only area. Please no children are allowed in or around it.

The Malden Crocs will be hosting a home invitational on January 19th and 20th. The Lap Pool and Therapy Pool will be closed to members beginning at 1pm on Saturday, Jan. 19th and Sunday, Jan. 20th

- Adult Lap Swim • 18+ years old, must be able to swim 50 yards continuously
- Adult Open Swim • 18+ years old in and on the pool deck
- Lap Swim • Must be able to swim 50 yards continuously
- Open Swim • All ages
- Aqua Fitness • All drop-in, 30 person max. No cost to members, \$10 for non-members
- Swim Lessons • Only registered participants can attend

We reserve the right to hold lifeguard drills during any times.

All pools and decks will be closed for a minimum of 30 minutes in the event of thunder or lightning.

Policies for Open Swim & Pool Parties

- Children 5 and under must be accompanied by an adult 18 or older in the water.
- Children 8 and under must be accompanied by an adult 18 or older on the pool deck.
- All children under the age of 15 must be marked with a colored neck band to indicate them as a swimmer or non-swimmer.
- Swim diapers must be worn by all children not 100% potty-trained.
- No more than 50 people are allowed in the therapy pool at one time and is at the discretion of the lifeguard(s) on duty.
- The lifeguards have the final say on rules and policies.
- The use of cell phones and other handhelds are not permitted on the pool decks