



Therapy Pool Schedule February 18th– February 24th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30–8:30 Adult Open Swim	7:30–8:30 Adult Open Swim	7:30–8:30 Adult Open Swim	7:30–8:30 Adult Open Swim	7:30–8:30 Adult Open Swim	7:00–10:00 Adult Open Swim	7:00–10:00 Adult Open Swim
8:30–9:15 Aqua Fitness	8:30–9:15 Aqua Fitness	8:30–9:15 Aqua Fitness	8:30–9:15 Aqua Fitness	8:30–9:15 Aqua Fitness	10:00–12:45 Closed	10:00–12:45 Closed
11:15–1:00 Open Swim	9:15–11:00 Camp Swim	9:15–11:00 Camp Swim	9:15–11:00 Camp Swim	9:15–11:00 Camp Swim	12:50–2:00 Adult Open Swim	12:45–1:45 Adult Open Swim
1:00–2:30 Adult Open Swim Physical Therapy	11:15–1:00 Open Swim	11:15–1:00 CLOSED	11:15–1:00 Open Swim	11:15–1:00 Open Swim	2:00–4:00 Private Rental	1:45–3:30 Family Swim
3:00–5:00 CLOSED (Staff Meeting)	1:00–2:30 Adult Open Swim Physical Therapy	1:00–2:30 Adult Open Swim Physical Therapy	1:00–2:25 Adult Open Swim Physical Therapy	1:00–2:25 Adult Open Swim Physical Therapy	4:15–6:00 Family Swim	3:30–4:30 Communitas (Private Rental)
5:30–6:55 Open Swim	2:30–3:30 SACC Swim	2:45–4:00 Open Swim	2:45–3:45 Medford Y	2:45–3:45 Medford Y	6:00–7:30 Adult Open Swim CLOSED	4:30–5:00 Adult Open Swim CLOSED
7:00–7:45 Aqua Fitness	4:00–5:30 Open Swim	4:00–6:00 Adult Open Swim	4:00–6:55 Adult Open Swim	4:00–6:00 Open Swim		
7:45–9:00 Adult Open Swim CLOSED	5:30–6:55 Adult Open Swim	6:00–6:55 Open Swim	7:00–7:45 Aqua Fitness	6:00–9:00 Adult Open Swim CLOSED		
	7:00–7:45 Aqua Fitness	7:00–7:45 Aqua Fitness	7:45–9:00 Adult Open Swim CLOSED			
	7:45–9:00 Adult Open Swim CLOSED	7:45–9:00 Adult Open Swim CLOSED				

Whirlpool Hours

Monday thru Friday– 5:30am–
9:30pm*
Saturday– 7am–7:30pm
Sunday– 7am–5pm

*Closed Wednesday for
cleaning from 10am–2pm*

The Whirlpool is an Adult Only area. Please
no children are allowed in or around it.

Adult Lap Swim • 18+ years old, must be able to swim 50 yards continuously

Adult Open Swim • 18+ years old in and on the pool deck

Lap Swim • Must be able to swim 50 yards continuously

Open Swim • All ages

Aqua Fitness • All drop-in, 30 person max. No cost to members, \$10 for non-members

Swim Lessons • Only registered participants can attend

We reserve the right to hold lifeguard drills during any times.

All pools and decks will be closed for a minimum of 30 minutes in the event of thunder or lightning.

Policies for Open Swim & Pool Parties

–Children 5 and under must be accompanied by an adult 18 or older in the water.

–Children 8 and under must be accompanied by an adult 18 or older on the pool deck.

–All children under the age of 15 must be marked with a colored neck band to indicate them as a swimmer or non-swimmer.

–Swim diapers must be worn by all children not 100% potty-trained.

–No more than 50 people are allowed in the therapy pool at one time and is at the discretion of the lifeguard(s) on duty.

–The lifeguards have the final say on rules and policies.

–The use of cell phones and other handhelds are not permitted on the pool decks