



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SO MUCH MORE

**NEW CARDIO MACHINES AUGUST 10 & 11**

**Fitness Center  
MALDEN YMCA**



New treadmill, elliptical, seated elliptical, arc trainers and more are on their way. We hope you enjoy and it helps motivate you to reach your wellness goals.

## QUESTIONS?

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**Please, pardon our appearance during the transition.**

**MALDEN YMCA**

99 Dartmouth Street, Malden, MA 02148—P 781.324.7680—[www.ymcamalden.org](http://www.ymcamalden.org)—Serving Everett, Malden and Medford