



AQUATICS SCHEDULE THERAPY POOL

July 24th– August 27th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30-8:30 Adult Open Swim	7:30-8:30 Adult Open Swim	7:30-8:30 Adult Open Swim	7:30-8:30 Adult Open Swim	7:30-8:30 Adult Open Swim	7:30-8:00 Adult Open Swim	8:00-9:15 Adult Open Swim
8:30-9:15 Aqua Fitness	8:30-9:15 Aqua Fitness	8:30-9:15 Aqua Fitness	8:30-9:15 Aqua Fitness	8:30-9:15 Aqua Fitness	8:00-12:45 Swim Lessons	9:15-12:45 Swim Lessons
9:15-11:45 Swim Lessons	9:15-11:45 Swim Lessons	9:15-11:45 Swim Lessons	9:15-11:45 Swim Lessons	9:15-11:45 Swim Lessons	1:00-2:00 Adult Swim	12:45-2:30 Adult Open Swim
12:00-1:00 Open Swim	12:00-1:00 Open Swim	12:00-1:00 Open Swim	12:00-1:00 Open Swim	12:00-1:00 Open Swim	2:00-4:00 Pool Parties (Private Rentals)	2:30-3:30 Open Swim
1:00-2:30 Adult Open Swim Physical Therapy	1:00-2:25 Adult Open Swim Physical Therapy	1:00-2:30 Adult Open Swim Physical Therapy	1:00-2:30 Adult Open Swim Physical Therapy	1:00-2:25 Adult Open Swim Physical Therapy	4:00-5:00 Open Swim	3:30-4:30 Private Rental (EMARC)
2:45-3:25 Open Swim	2:30-3:30 SACC (Private Rental)	2:45-3:25 Open Swim	2:45-3:25 Open Swim	2:45-3:25 Open Swim	5:15-7:30 Adult Open Swim	4:30-5:00 Adult Open Swim
3:30-5:45 Swim Lessons	3:30-6:50 Swim Lessons	3:30-6:05 Swim Lessons	3:30-6:50 Swim Lessons	3:30-5:00 Swim Lessons	Closed	Closed
6:00-6:55 Open Swim	7:00-7:45 Aqua Fitness	6:15-6:55 Adult Open Swim	7:00-7:45 Aqua Fitness	5:15-6:00 Adult Open Swim		
7:00-7:45 Aqua Fitness	7:45-9:00 Adult Open Swim	7:00-7:45 Aqua Fitness	7:45-9:00 Adult Open Swim	6:00-7:00 Open Swim		
7:45-9:00 Adult Open Swim Closed	Closed	7:45-9:00 Adult Open Swim Closed	Closed	7:15-9:00 Adult Open Swim Closed		

Whirlpool Hours

Monday–Friday 5:30am–9:30pm*

Saturday 7:30am–7:30pm

Sunday 8:00am–3:30pm

* Closed every Wednesday from 8:30am – 2:00pm for cleaning.

Adult Lap Swim • 18+ years old, must be able to swim 50 yards continuously

Adult Open Swim • 18+ years old in and on the pool deck

Lap Swim • Must be able to swim 50 yards continuously

Open Swim • All ages

Aqua Fitness • All drop-in, 30 person max. No cost to members, \$10 for non-members

Swim Lessons • Only registered participants can attend

We reserve the right to hold private swim lessons during Adult Open Swim and Lesson times.

All pools and decks will be closed for a minimum of 30 minutes in the event of thunder or lightening.

Policies for Open Swim & Pool Parties

- **Children 5 and under must be accompanied by an adult 18 or older within arm’s reach in the water.**
- **Children 8 and under must be accompanied by an adult 18 or older on the pool deck.**
- All children under the age of 15 must be marked with a colored neck band to indicate them as a swimmer or non-swimmer.
- Swim diapers must be worn by all children not 100% potty-trained.
- A maximum of 50 people are allowed in the Therapy Pool at one time.
- The lifeguards have the final say on rules and policies.
- The use of cell phones and other handhelds are not permitted on the pool decks